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Size Guide



Inspired Expression

Find your size

- 6 simple steps

You will need : scissors, pen, ruler (mm), paper.

Step 1: Cut a thin strip of paper approximately 10 mm wide and 70 mm long *

Step 2 : Wrap the strip of paper around the middle knuckle of the finger you would like to wear your ring on.
(see diagram)

Step 3 : Mark the spot on the paper where the piece overlaps.

Step 4 : Measure the length of the piece of paper.
(see diagram)

Step 5 : Look at the circumferences of the six sizes to see which size is closest.
(see chart)

Step 6 : Choose your size. If your size is inbetween sizes you would be better to choose the larger size. If there is too much discrepancy you may need to choose a different finger for your ring.

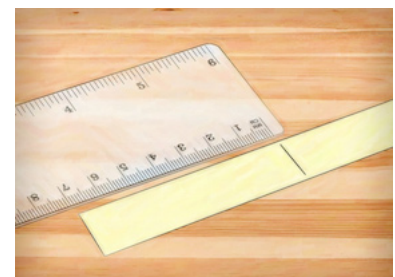
Note:

Fingers shrink when cold and expand when warm.

Step 2



Step 4

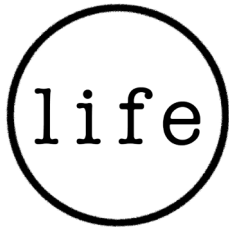


Step 5

Circumferences	
ring size	length (mm)
5.5	51
6.5	53
8.0	57
9.0	59
10.5	63
11.5	66

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* cut-out guides



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Measurements & International Sizes

Diameter & Circumference

Size	Dia. (mm)	Circ. (mm)
5.5	16.1	51
6.5	16.9	53
8.0	18.2	57
9.0	18.9	59
10.5	20.2	63
11.5	21.1	66

International sizes

U.S.	Australian/ British	French	German	Italian	Japanese	Swiss
5.5	L	51 3/4	16	10.5	11	11.75
6.5	N	54	17	13	13	14
8.0	Q	57 3/4	18	17	16	17.75
9.0	R 1/2	59 1/4	19	19.5	18	19.5
10.5	U 1/2	62 3/4	20.25	23.5	22	23.5
11.5	W 1/2	66	21	26.5	24	25.5

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